

# LE GRIZZ GAZETTE

Vol. 29

No. 1

96 Registered Entrants, 90 Starters, 87 Finishers. 30 debut at 50 miles, 29 finish.

## DOUBLE DAM



**Lena Peterson, Women's Open Division USATF Montana 50 Mile Champ.**

The dam course on the west side of Hungry Horse Reservoir was closed this year due to road reconstruction, so we broke in an alternate course along the east shore, which then swung over past the finishing area and proceeded out-and-back to cross the dam twice, making it the double dam course.

Most runners found the double dam harder than the dam course, not surprising since the cut-across from Mile 40 to 44 is hilly and then proceeds uphill from Mile 44 to 46. However, this did not pre-empt some dam fine performances. Brian Vandenberg's 5<sup>th</sup> win in a row was his dam personal Le Grizz record. Charles Corfield broke the Men's Seniors Course Record by over three minutes, a dam record that had stood 15 dam years.

There were no more dropouts than usual. A record number of entrants finished. Dam straight.

Mary Ann Clute with her Chief 10 Bears Award for 20 Le Grizz completions. The bowl, which features a grizzly bear scene, is being loaded up with gifts by her husband Dennis.



## Chief Ten Bears awarded to Mary Ann Clute

Skookumtumtum (Steve) Heaps, the patriarch of Le Grizz runners and initial recipient of the Chief Ten Bears honor, in consultation with Maynard Kicking Woman of the Blackfeet Nation, confirmed Mary Ann Clute of Spokane for completion of 20 Le Grizz runs and spiritual worthiness to be honored for the achievement. She received the Blackfeet spirit name of Coyote Woman. In the Blackfeet culture, a smart person, such as one who teaches others, may be referred to as a coyote. The name was given in recognition of Mary Ann's career as a teacher and her lifelong charitable efforts.



Larry Carroll,  
2003 Chief Ten Bears recipient,  
finally received his spirit name.

He is now known as  
Water Horse.

In the Blackfeet culture,  
water runs fast and never stops.



## THE LUMBER YARD

6 Chronological Planks Earned  
Ten Bears Awards presented to

Left: **Gregg Martell**

Top, left to right:

**Tim Marchant**

**Kevin Hebb**

**John Hallsten**

**Charles Steele**

**Andrew Matulionis**

## LE GRIZZ 50 MILE ULTRAMARATHON

October 9, 2010 OFFICIAL RESULTS

Place	RUNNER	TIME	HOMETOWN		AGE
<b>Womens Open Division</b>					
1	Jennifer Aradi	8:32:43	Chicago	IL	35
2	Lena Peterson	8:47:00	Bozeman		22
3	Heidi Helling	8:48:49	Kodiak	AK	27
4	Tiffany Crumbaugh	8:55:20	Bothell	WA	37
5	Sandi Wheelis	9:01:14	Durham	NC	39
6	Tracy Loughlin	9:50:35	Boulder	CO	32
7	Sarah Caffrey	10:05:34	Missoula		24
8	Meaghan Corbett	10:39:17	Chino Hills	CA	30
9	Tanya Gifford	11:30:31	Great Falls		35
<b>Womens Masters Division</b>					
1	Debbie Gibson	7:26:44	Helena		45
2	Rachel White	7:47:43	Portland	OR	40
3	Susan Gallup	7:58:28	Calgary	AB	47
4	Sherry Shay	8:46:34	Pocatello	ID	46
5	Jennifer Ziegler	9:44:33	Jackson	WY	45
<b>Womens Seniors Division</b>					
1	Gunhild Swanson	9:24:58	Spokane Valley	WA	66
2	Francine Weigeldt	9:41:58	Rosland	BC	53
3	Elise Robocker	10:14:07	Kalispell		52
4	Mary Ann Clute	11:01:40	Spokane	WA	58
5	Suzanne Hildner	12:48:08	Whitefish		56
<b>Mens Open Division</b>					
1	Brian Vandenburg	6:19:02	Spokane	WA	27
2	Charlie Toillion	6:33:40	Spokane	WA	39
3	Robert Kemper	6:57:28	Vista	CA	29
4	Kevin Sullivan	7:16:14	Andover	MA	39
5	Christopher Dingman	7:26:46	Dubois	WY	28
6	George Erickson	7:31:20	Missoula		36
7	Benjamin Bucklin	7:42:11	Spokane	WA	32
8	Lee French	7:53:35	Nine Mile Falls	WA	36
9	Chris Lundberg	7:56:18	Jackson	WY	27
10	Bryan Johnson	8:10:18	Helena		34
11	Ron Seifert	8:10:52	Missoula		29
12	Matthew Bucklin	8:40:01	Missoula		31
12	Tyler Bucklin	8:40:01	Conrad		34
14	Dave Westendorf	8:47:48	Snohomish	WA	35
15	Austin Reed	8:50:34	Fairchild AFB	WA	27
16	Cale Hofferber	8:53:17	Bozeman		26
17	Joshua Barringer	8:54:18	Seattle	WA	27
18	Jeffrey Shapiro	9:05:53	Missoula		35
19	Brian Delutio	9:33:16	Anacortes	WA	36
20	Matt Glew	9:39:31	Newcastle	WA	31
21	Jeff Metsky	9:40:51	Columbia Falls		29
22	Greg Shadow	9:43:11	Anaconda		39
23	Cory Knop	9:45:52	Great Falls		26
23	John Mayer	9:45:52	Great Falls		26
25	Jeremiah Swanson	10:32:55	Great Falls		35
26	James Corbett	10:39:17	Chino Hills	CA	35
27	Jan Janecka	12:09:52	College Station	TX	33

Place	RUNNER	TIME	HOMETOWN	AGE
<b>Mens Masters Division</b>				
1	Bryan Bradshaw	7:16:12	Butte	42
2	Paul Christian	7:19:59	Seattle	WA 40
3	Murray Barker	7:40:54	Medicine Hat	AB 47
4	Kerry Herbine	7:57:55	Kingman	AZ 44
5	Mark Tarr	8:29:52	Columbia Falls	48
6	Eric Boswell	8:33:28	Bozeman	41
7	Jim Chase	8:35:32	Frenchtown	42
8	James Derby	8:36:12	Spokane	WA 46
9	Steve Engebrecht	8:53:55	Helena	48
10	Andrew Matulionis	9:17:19	Whitefish	45
11	Keith Firkin	9:29:05	Wroughton	ENG 49
12	Chris Brady	9:38:31	Kingman	AZ 47
13	Thomas Hill III	9:40:46	Oklahoma City	OK 46
14	Bret Sholar	9:53:56	Oklahoma City	OK 44
15	David Hirschfeld	9:54:30	Choteau	45
16	Tom Halverson	10:00:24	Missoula	49
17	Tom Cubit	11:19:20	Anchorage	AK 41
18	Thor Femenias	13:41:51	Cottonwood Heights	UT 46
<b>Mens Seniors Division</b>				
1	Charles Corfield	6:42:58	Boulder	CO 52
2	Gary Schancer	8:45:36	Albuquerque	NM 57
3	Alan Wintersteen	8:53:55	Helena	50
3	John Hallsten	8:53:55	Helena	53
5	Dennis Clute	8:59:43	Spokane	WA 57
6	Kevin Hebb	9:21:38	Exshaw	AB 59
7	Martin Miller	9:34:29	Helena	58
8	Stuart White	9:41:02	Great Falls	63
9	Rich DeSimone	9:42:08	Helena	58
10	Roy McNabb	9:46:05	Browning	56
11	Larry Carroll	10:20:05	Spokane	WA 70
12	Gary Sparr	10:42:22	Columbia Falls	61
13	Robert Turner	10:45:03	Lethbridge	AB 61
14	Jim McKenzie	10:58:42	Livingston	55
14	Gregg Martell	10:58:42	Tetonia	ID 53
16	Richard Hildner	11:07:07	Whitefish	64
17	Charles Steele	11:17:16	Great Falls	55
18	Tim Marchant	11:23:10	St. Ignatius	52
19	Mike Otterberg	11:31:23	Fort Peck	65
19	Douglas Cole	11:31:23	Fort Peck	57
21	Franklin Coles	11:40:42	Bozeman	62
22	Bob Hayes	12:02:54	Evato	84
23	Mike Mustari	12:48:08	Edmonds	WA 62



Winners Debbie Gibson & Brian Vandenburg

**SPLIT TIMES**

PLACE	TAG	ENDORPHIN MACHINE	MILE 13.7	MILE 19.8	MILE 26.0	MILE 37.8	MILE 43.5	MILE 46.7	FINISH 50.0
1	1716	<a href="#">Brian Vandenburg</a>	1 : 34	2 : 19	3 : 08	4 : 31	5 : 26	5 : 52	6:19:02
2	1712	<a href="#">Charlie Toillion</a>	1 : 34	2 : 19	3 : 10	4 : 45	5 : 40	6 : 07	6:33:40
3	1756	<a href="#">Charles Corfield</a>	1 : 48	2 : 35	3 : 26	4 : 51	5 : 47	6 : 14	6:42:58
4	1725	<a href="#">Robert Kemper</a>	1 : 34	2 : 19	3 : 17	4 : 56	5 : 53	6 : 23	6:57:28
5	1735	<a href="#">Bryan Bradshaw</a>	1 : 55	2 : 44	3 : 39	5 : 16	6 : 14	6 : 44	7:16:12
6	1720	<a href="#">Kevin Sullivan</a>	1 : 55	2 : 44	3 : 39	5 : 22	6 : 14	6 : 44	7:16:14
7	1747	<a href="#">Paul Christian</a>	1 : 49	2 : 35	3 : 30	5 : 08	6 : 11	6 : 45	7:19:59
8	1683	<a href="#">Debbie Gibson</a>	1 : 50	2 : 41	3 : 40	5 : 22	6 : 26	6 : 55	7:26:44
9	1703	<a href="#">Christopher Dingman</a>	1 : 51	2 : 39	3 : 36	5 : 22	6 : 26	6 : 56	7:26:46
10	1728	<a href="#">George Erickson</a>	1 : 51	2 : 41	3 : 44	5 : 26	6 : 29	7 : 00	7:31:20
11	1741	<a href="#">Murray Barker</a>	1 : 58	2 : 49	3 : 47	5 : 28	6 : 36	7 : 09	7:40:54
12	1724	<a href="#">Benjamin Bucklin</a>	1 : 57	2 : 46	3 : 49	5 : 36	6 : 39	7 : 10	7:42:11
13	1680	<a href="#">Rachel White</a>	2 : 05	3 : 02	4 : 01	5 : 45	6 : 46	7 : 16	7:47:43
14	1702	<a href="#">Lee French</a>	1 : 54	2 : 47	3 : 46	5 : 37	6 : 48	7 : 21	7:53:35
15	1723	<a href="#">Chris Lundberg</a>	1 : 53	2 : 46	3 : 53	5 : 55	7 : 01	7 : 20	7:56:18
16	1737	<a href="#">Kerry Herbine</a>	1 : 51	2 : 39	3 : 37	5 : 32	6 : 42	7 : 34	7:57:55
17	1682	<a href="#">Susan Gallup</a>	1 : 50	2 : 41	3 : 47	5 : 44	6 : 54	7 : 27	7:58:28
18	1719	<a href="#">Bryan Johnson</a>	1 : 49	2 : 35	3 : 36	5 : 36	6 : 55	7 : 37	8:10:18
19	1717	<a href="#">Ron Seifert</a>	2 : 08	3 : 03	4 : 01	5 : 49	6 : 57	7 : 34	8:10:52
20	1745	<a href="#">Mark Tarr</a>	1 : 56	2 : 46	3 : 50	5 : 46	7 : 04	7 : 44	8:29:52
21	1698	<a href="#">Jennifer Aradi</a>	2 : 08	3 : 07	4 : 19	6 : 12	7 : 24	7 : 59	8:32:43
22	1738	<a href="#">Eric Boswell</a>	1 : 57	2 : 50	4 : 00	6 : 06	7 : 19	7 : 58	8:33:28
23	1743	<a href="#">Jim Chase</a>	2 : 13	3 : 14	4 : 18	6 : 10	7 : 25	8 : 00	8:35:32
24	1734	<a href="#">James Derby</a>	2 : 10	3 : 07	4 : 15	6 : 12	7 : 25	8 : 01	8:36:12
25	1718	<a href="#">Matthew Bucklin</a>	2 : 05	3 : 05	4 : 18	6 : 17	7 : 29	8 : 04	8:40:01
25	1721	<a href="#">Tyler Bucklin</a>	2 : 05	3 : 05	4 : 18	6 : 17	7 : 29	8 : 04	8:40:01
27	1750	<a href="#">Gary Schancer</a>	2 : 05	3 : 02	4 : 14	6 : 10	7 : 33	8 : 09	8:45:36
28	1684	<a href="#">Sherry Shay</a>	2 : 18	3 : 18	4 : 32	6 : 27	7 : 37	8 : 12	8:46:34
29	1691	<a href="#">Lena Peterson</a>	2 : 11	3 : 12	4 : 26	6 : 23	7 : 37	8 : 12	8:47:00
30	1708	<a href="#">Dave Westendorf</a>	2 : 09	3 : 06	4 : 17	6 : 16	7 : 31	8 : 08	8:47:48
31	1694	<a href="#">Heidi Helling</a>	2 : 12	3 : 15	4 : 26	6 : 30	7 : 40	8 : 15	8:48:49
32	1715	<a href="#">Austin Reed</a>	2 : 05	3 : 03	4 : 16	6 : 30	7 : 47	8 : 20	8:50:34
33	1727	<a href="#">Cale Hofferber</a>	2 : 09	3 : 07	4 : 19	6 : 26	7 : 44	8 : 20	8:53:17
34	1740	<a href="#">Steve Engebrecht</a>	2 : 18	3 : 20	4 : 27	6 : 22	7 : 38	8 : 13	8:53:55
34	1755	<a href="#">Alan Wintersteen</a>	2 : 03	3 : 01	4 : 14	6 : 18	7 : 38	8 : 13	8:53:55
34	1760	<a href="#">John Hallsten</a>	2 : 03	3 : 01	4 : 14	6 : 16	7 : 38	8 : 12	8:53:55
37	1726	<a href="#">Joshua Barringer</a>	2 : 03	3 : 04	4 : 20	6 : 20	7 : 40	8 : 19	8:54:18
38	1692	<a href="#">Tiffany Crumbaugh</a>	2 : 17	3 : 18	4 : 29	6 : 36	7 : 49	8 : 21	8:55:20
39	CHIEF	<a href="#">Dennis Clute</a>	2 : 13	3 : 17	4 : 30	6 : 31	7 : 46	8 : 23	8:59:43
40	1695	<a href="#">Sandi Wheelis</a>	2 : 18	3 : 20	4 : 29	6 : 36	7 : 49	8 : 24	9:01:14
41	1700	<a href="#">Jeffrey Shapiro</a>	2 : 13	3 : 14	4 : 27	6 : 32	7 : 50	8 : 26	9:05:53
42	1736	<a href="#">Andrew Matulionis</a>	1 : 56	2 : 50	4 : 04	6 : 14	7 : 43	8 : 26	9:17:19
43	1762	<a href="#">Kevin Hebb</a>	2 : 18	3 : 22	4 : 41	6 : 42	8 : 00	8 : 41	9:21:38
44	1607	<a href="#">Gunhild Swanson</a>	2 : 22	3 : 29	4 : 43	6 : 48	8 : 07	8 : 45	9:24:58
45	1732	<a href="#">Keith Firkin</a>	2 : 25	3 : 31	4 : 47	6 : 58	8 : 11	8 : 51	9:29:05

PLACE	TAG	ENDORPHIN MACHINE	MILE 13.7	MILE 19.8	MILE 26.0	MILE 37.8	MILE 43.5	MILE 46.7	FINISH 50.0
46	1701	<a href="#">Brian Delutio</a>	2 : 27	3 : 36	4 : 51	7 : 04	8 : 21	8 : 59	9:33:16
47	1771	<a href="#">Martin Miller</a>	2 : 20	3 : 23	4 : 38	6 : 52	8 : 16	8 : 56	9:34:29
48	1730	<a href="#">Chris Brady</a>	1 : 51	2 : 41	4 : 04	6 : 35	7 : 58	8 : 46	9:38:31
49	1704	<a href="#">Matt Glew</a>	2 : 09	3 : 15	4 : 34	6 : 52	8 : 15	8 : 58	9:39:31
50	1733	<a href="#">Thomas Hill III</a>	2 : 11	3 : 16	4 : 33	6 : 58	8 : 23	9 : 03	9:40:46
51	1706	<a href="#">Jeff Metsky</a>	2 : 19	3 : 33	4 : 50	7 : 09	8 : 29	9 : 05	9:40:51
52	CHIEF	<a href="#">Stuart White</a>	2 : 21	3 : 28	4 : 43	6 : 53	8 : 16	8 : 58	9:41:02
53	1662	<a href="#">Francine Weigeldt</a>	2 : 33	3 : 45	5 : 05	7 : 17	8 : 34	9 : 07	9:41:58
54	1765	<a href="#">Rich DeSimone</a>	2 : 31	3 : 38	4 : 59	7 : 12	8 : 31	9 : 06	9:42:08
55	1713	<a href="#">Greg Shadow</a>	2 : 30	3 : 34	4 : 55	7 : 10	8 : 28	9 : 06	9:43:11
56	1685	<a href="#">Jennifer Ziegler</a>	2 : 25	3 : 33	4 : 52	7 : 10	8 : 28	9 : 06	9:44:33
57	1709	<a href="#">Cory Knop</a>	2 : 22	3 : 32	4 : 56	7 : 18	8 : 39	9 : 12	9:45:52
57	1714	<a href="#">John Mayer</a>	2 : 22	3 : 32	4 : 56	7 : 19	8 : 39	9 : 12	9:45:52
59	1759	<a href="#">Roy McNabb</a>	2 : 17	3 : 24	4 : 39	7 : 14	8 : 43	9 : 16	9:46:05
60	1696	<a href="#">Tracy Loughlin</a>	2 : 29	3 : 41	5 : 02	7 : 16	8 : 35	9 : 11	9:50:35
61	1731	<a href="#">Bret Sholar</a>	2 : 11	3 : 16	4 : 34	7 : 02	8 : 24	9 : 11	9:53:56
62	1739	<a href="#">David Hirschfeld</a>	2 : 08	3 : 14	4 : 35	7 : 00	8 : 27	9 : 12	9:54:30
63	1744	<a href="#">Tom Halverson</a>	2 : 31	3 : 38	4 : 53	7 : 04	8 : 34	9 : 15	10:00:24
64	1699	<a href="#">Sarah Caffrey</a>	2 : 31	3 : 45	5 : 09	7 : 26	8 : 49	9 : 26	10:05:34
65	1624	<a href="#">Elise Robocker</a>	2 : 33	3 : 45	5 : 05	7 : 17	8 : 51	9 : 34	10:14:07
66	CHIEF	<a href="#">Larry Carroll</a>	2 : 20	3 : 32	4 : 59	7 : 09	8 : 38	9 : 27	10:20:05
67	1722	<a href="#">Jeremiah Swanson</a>	2 : 32	3 : 45	5 : 06	7 : 32	9 : 05	9 : 45	10:32:55
68	1693	<a href="#">Meaghan Corbett</a>	2 : 44	3 : 58	5 : 22	7 : 48	9 : 13	9 : 54	10:39:17
68	1705	<a href="#">James Corbett</a>	2 : 44	3 : 58	5 : 22	7 : 48	9 : 13	9 : 54	10:39:17
70	1773	<a href="#">Gary Sparr</a>	2 : 37	3 : 47	5 : 13	7 : 43	9 : 10	9 : 55	10:42:22
71	1767	<a href="#">Robert Turner</a>	2 : 37	3 : 51	5 : 17	7 : 47	9 : 17	9 : 57	10:45:03
72	1758	<a href="#">Jim McKenzie</a>	2 : 41	4 : 00	5 : 30	7 : 58	9 : 30	10 : 14	10:58:42
72	1764	<a href="#">Gregg Martell</a>	2 : 41	4 : 00	5 : 29	7 : 58	9 : 25	10 : 09	10:58:42
74	1599	<a href="#">Mary Ann Clute</a>	2 : 38	3 : 57	5 : 28	8 : 02	9 : 28	10 : 16	11:01:40
75	1770	<a href="#">Richard Hildner</a>	2 : 44	4 : 01	5 : 31	7 : 55	9 : 26	10 : 15	11:07:07
76	1752	<a href="#">Charles Steele</a>	2 : 44	4 : 01	5 : 27	8 : 07	9 : 46	10 : 31	11:17:16
77	1742	<a href="#">Tom Cubit</a>	2 : 29	3 : 45	5 : 15	7 : 54	9 : 29	10 : 24	11:19:20
78	1761	<a href="#">Tim Marchant</a>	2 : 44	4 : 02	5 : 32	8 : 17	9 : 46	10 : 32	11:23:10
79	1697	<a href="#">Tanya Gifford</a>	2 : 38	3 : 59	5 : 36	8 : 09	9 : 57	10 : 54	11:30:31
80	1766	<a href="#">Mike Otterberg</a>	2 : 48	4 : 04	5 : 38	8 : 16	9 : 50	10 : 40	11:31:23
80	1769	<a href="#">Douglas Cole</a>	2 : 48	4 : 06	5 : 38	8 : 18	9 : 50	10 : 40	11:31:23
82	1772	<a href="#">Franklin Coles</a>	2 : 37	3 : 53	5 : 36	8 : 24	10 : 02	10 : 49	11:40:42
83	1774	<a href="#">Bob Hayes</a>	2 : 57	4 : 21	5 : 56	8 : 46	10 : 27	11 : 12	12:02:54
84	1710	<a href="#">Jan Janecka</a>	2 : 52	4 : 10	5 : 29	8 : 35			12:09:52
85	1670	<a href="#">Suzanne Hildner</a>	3 : 00	4 : 28	6 : 10	9 : 05	10 : 52		12:48:08
85	1754	<a href="#">Mike Mustari</a>	3 : 04	4 : 30	6 : 11	9 : 11	10 : 57		12:48:08
87	1746	<a href="#">Thor Femenias</a>	2 : 53	4 : 26					13:41:51
88	1768	<a href="#">Joe Conkey</a>	2 : 17	3 : 35	4 : 59	7 : 50			
89	1751	<a href="#">Point Hatfield</a>	2 : 51	4 : 30		7 : 51			
90	1763	<a href="#">Craig Smith</a>	2 : 17	3 : 20	4 : 32				



THE COMPLETE WORKOUT: Bret Sholar did a finish-line pushup for every mile ran.

### Montana USATF 50 Mile Championship

Montana resident winners were [George Erickson](#) and [Lena Peterson](#) in the Open Division, [Bryan Bradshaw](#) and [Debbie Gibson](#) in the Masters Division.

## “Special” Awards

The Kiss of Death: Overall winners Brian Vandenburg and Debbie Gibson get their 2011 Elkhorn entry fee waived, again, should they so elect.

Chief 10 Bears: Mary Ann Clute completed her 20<sup>th</sup> Le Grizz run and earned the rank of Chief.

10 Bears: Andrew Matulionis, Gregg Martell, Kevin Hebb, John Hallsten, Tim Marchant and Charles Steele completed their 10<sup>th</sup> Le Grizz runs and were awarded lumber that tells time.

10 Cubs: Mike Fraser provided course staff support for the 10<sup>th</sup> time and was awarded a scaled-down 10 Bears clock.



Charles Corfield set a new Seniors Course Record!

## 2010 FINISHER PHOTOS: They're Free!

Just go to our web site and click on the “Stupid Questions” bar at the bottom of the page. Type “Photo for” and your running number in the Subject line. Any available digital photos will be e-mailed to you. Submit your request by October 31<sup>st</sup>.

### THE LE GRIZZ STORE

2010 Tech Long Sleeve T-shirt: S, M, L, XL.

CinchPack: Blue, Green, Purple or Black.

**\$15 each, or ANY FOUR items for \$50.**

All prices Postpaid. Send payment to Le Grizz, P.O. Box 341, Seeley Lake MT 59868.



Jennifer Aradi won the Women's Open Division, then proceeded to demonstrate how to manage the multiple trophies garnered by her achievement.